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Republic of the Philippines Department of Health NATIONAL NUTRITION COUNCIL

REGIONAL NUTRITION COMMITTEE REGION 02

Resolution No. 2, Series of 2016

A RESOLUTION ENJOINING LOCAL GOVERNMENT UNITS TO PASS AN ORDINANCE REGULATING THE SALE OF EMPTY CALORIE FOODS (JUNK FOODS), CARBONATED, SYNTHETIC AND SUGARY BEVERAGES IN PUBLIC AND PRIVATE SCHOOL CANTEENS AND CAFETERIAS AND FOOD VENDORS NEAR THE SCHOOL PREMISES, PROVIDING PENALTIES FOR VIOLATIONS THEREOF AND FOR OTHER PURPOSES

WHEREAS, overweight and obesity are among the nutritional problems that affect the

Filipino children;

WHEREAS, according to the World Health Organization (WHO) overweight and obesity increases the risk to non-communicable diseases such as cardiovascular diseases, diabetes, musculoskeletal disorders and some cancers like endometrial, breast and colon cancer;

WHEREAS, childhood obesity is linked with premature death and disability in adulthood, breathing difficulties, increased risk of fractures, hypertension, and early markers of cardiovascular disease, insulin resistance and psychological effects;

WHEREAS, it has been identified that one of the causes of overweight and obesity in the region is the increased intake of energy dense food due to poor food choices;

WHEREAS, results of the 8th National Nutrition Survey of the Food and Nutrition Research Institute showed that Region 02 is one of the six regions in the country with the highest prevalence of overweight at 9.2% (FNRI, 2014);

WHEREAS, school weighing results of the Department of Education, R02 also showed an increasing trend of overweight and obesity in the region from 2.33% in school year 2012-2013 to 2.9% in school year 2014-2015 (Department of Education, Region 02, 2014);

WHEREAS, it is a common knowledge that children's food choices and preferences include fatty and salty foods and foods that lack nutrients like the carbonated, synthetic and sugary drinks and empty calorie foods (junk foods) due to the influence of mass media;

WHEREAS, these foods are proliferating in the community and even in school canteen and cafeterias;

WHEREAS, it is alarming to note that these type of foods and drinks taken daily by the children do not provide the proper nutrients the children need and that frequent intake may lead to diet-related diseases like obesity, cancer, coronary heart disease and diabetes among others;

WHEREAS, it is the practice of school children to buy their daily lunch and snacks from the school canteen/cafeteria and/or buy from food vendors near the school premises; NOW THEREFORE, BE IT RESOLVED, AS IT IS HEREBY RESOLVED, in consideration of the above premise, we the Regional Nutrition Committee members hereby enjoin the Local Government Units to undertake the following:

- 1. Undertake the much needed radical reform to improve the nutrition situation of the school children by way of ascertaining that foods and drinks being provided by the school canteen/cafeteria and food vendors for consumption of school children are healthy and nutritious while banning those that are hazardous or may cause hazard to the children's health.
- 2. Pass an Ordinance:
 - REGULATING THE SALE OF EMPTY CALORIE FOODS (JUNK FOODS), CARBONATED, SYNTHETIC AND SUGARY BEVERAGES IN PUBLIC AND PRIVATE SCHOOL CANTEENS AND CAFETERIAS AND FOOD VENDORS NEAR THE SCHOOL PREMISES, PROVIDING PENALTIES FOR VIOLATIONS THEREOF AND FOR OTHER PURPOSES
 - The Local Ordinance to contain the following provisions:
 - a. Banning the sale of unhealthy foods and Drinks like the carbonated drinks, sugary beverages like fruit drinks, sports drinks and soft drinks, junk foods and any food product that may be detrimental to the child's health and that do not bear the Sangkap Pinoy seal and/or did not pass FDA;
 - b. It shall be unlawful for any person/individual, association and other juridical entity to sell inside the school campus, all unhealthy foods and drinks perpetually banned by virtue of this ordinance promulgated for this purpose;
 - c. All catering staff of prospective food service provider and Food Vendors directly and indirectly involved in the preparation and serving of meals covered by this ordinance, must undergo Food Handlers Class and medical examination to be organized and conducted by the City/Municipal Health Office;

For this purpose, the City/Municipal Health Office shall issue a Health Certificate and Certificate of Participation once the said participant has fully completed the training course to qualify him/her as staff of Food Service Provider;

- d. All Business Permits and Licensing Officer in the city /municipality are hereby enjoined to ensure that the applicant for business permit and license or renewal thereof possesses the Certificate of Participation as prerequisite for the issuance of permit or license to operate as food service provider;
- e. Within one (1) month after the effectivity of this ordinance, the list of recommended food products that can be considered beneficial to the health of school children as well as the official list of food items that are considered "junk food and drinks" unhealthy for children's consumption, shall be provided by the Municipal Nutrition Committee. Thereafter, the committee shall provide a list of these foods to food service providers and food vendors;

f. All food service providers are required to prepare a four/two week cycle menu to be posted in conspicuous areas easily noticeable at the canteen/cafeteria;

In the case of vendors, the list of food items shall be placed in front of their facilities where it can be easily seen by the buyers;

g. Provide penalties for violations of the ordinance;

h. Implementing agencies

- City/ Municipal Health Office
- > City/Municipal Legal thee
- City/Municipal Business Permit and Licensing Office with regards to the suspension/issuance of permits and licenses and collection of appropriate fees for the posters.
- City/Municipal Administrators for the issuance of Notice of Violation.

AND RESOLVED FURTHER,

1. To forward copies of this resolution to Provincial/Municipal/City Local Government Units for their information and appropriate action. Other copies hereof be furnished to the Honorable Sangguniang Panlalawigan of the provinces through the Vice Governor, Sangguniang Panlungsod and Sangguniang Bayan through the Vice Mayor and Presiding Officer also for information and action.

2. For the National Nutrition Council, R02 to monitor and ensure the implementation of the RNC resolution.

APPROVED this 23rd day of August, 2016

I HEREBY CERTIFY the correctness of the forgoing resolution.

CERTIFIED CORRECT:

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RHODORA G. MAESTRE, RND, MCN Nutrition Program Coordinator, NNC, R02 & Secretary, Regional Nutrition Committee

ATTESTED:

MILAGROS C. MORALES, DrFT, CESE Regional Director, DA, BFAR, R02 & Chair, Regional Nutrition Committee